



Preschool News
January 2019

Looking Back	Looking Forward
<ul style="list-style-type: none">♥ Ponche!♥ Piñatas♥ Snow♥ Gingerbread	<ul style="list-style-type: none">♥ Babies!♥ Vehicle Track♥ Community Helper Visits♥ Valentine's Day

Letter from the teachers:

Snow and babies...both seemed like a good way to start off the new year! With some good snowfall in the weather, we've enjoyed a variety of snow stories and projects, including the culinary delight of snow ice cream. Many children began experimenting with cutting and paper and the magic of making their first folded paper snowflakes/snow shapes.

Babies seem a very pertinent topic, since several families have new or newish, or highly anticipated babies. Thank you to all who sent in baby photos, and to the families who shared their youngest members for a baby bath in the water table. We've observed that this is one stage of life young children can relate to, as they see how they have changed and marvel that they too began their lives in the same way. It is fun to see the baby photos and look for the piece of them that still looks the same.

We can't leave 2018 behind, without a sincere thank you for the many holiday gifts. From child made treasures, to family made treats, to chocolates and gift certificates, all were received with appreciation. We also extend our thanks to the board and families for your financial gifts. Whether these went directly into our bank accounts, or towards a special purchase, these monies will take the form of an item or an experience that will bring goodness to ourselves, and our own families. Thank you.

The New Year has brought 3 new students to the Tuesday/Thursday class. Please welcome Hazel Wilburn, and her parents Rebecca Freeman and Cole Wilburn; and Thisbe and Cressida Hofman, and their parents Kali and Jacob Hofman. We're glad to have them in our preschool community.

Best Wishes in 2019,

Mary, Linda, and Ana



Messages from the Board:

Mark your calendars! February 22nd will be the JCP Adult Night Out fundraising event at TK McGuire's in the Prospector Hotel. The event will include a wine tasting, appetizers and a dessert and silent auction. Childcare will be available for a small charge. Come enjoy a night out with friends and support our preschool at the same time! On that same note, thank you so much to all of the families who have already submitted their donations for the raffle/silent auction and who have volunteered to help staff the event.

Our raffle drawing will be held at the wine tasting and families can expect to receive raffle tickets this week to sell. This year's fundraising committee has set a goal of selling 400 tickets. Each family will be expected to sell at least 10, but those who sell 15 or more will be entered in a drawing to win a prize (to be determined - keep a look out on the bulletin board in the preschool hallway for updates.)

Don't forget to include Juneau Community Preschool with your annual **Pick. Click. Give.** donation when you apply for your PFD online. You can also look for JCP as an option when ordering from Amazon (using Amazon Smile) or at Fred Meyer through their community rewards program. Thank you - every little bit helps!

The JCP board meets the second Monday of the month at 6pm in the preschool room. You can find copies of meeting minutes posted in the preschool hallway. Agenda items are compiled by board presidents Taylor Beard and Patrick Klacza. Our next meeting will be February 11 and all JCP parents are welcome to attend.



Field Trip Alert: Tuesday/Thursday Class

On February 7th, our T/Th class will be visiting the dental office of Dr. Jared Lee. (He'll be paying a visit to the MWF class the next day). We'll need a few extra parent volunteers to walk over and back with us. We don't have all the details firmed up but we'll most likely be going in two groups, one leaving at 9:15 and one leaving around 10:00. If you think you might be able to accompany us, please let Mary or Ana know. We'll be sending an email when we have it all solidified.



Upcoming Events

T/TH FIELD TRIP

Dr. Jared Lee's Office,
February 7
Details TBA,
Chaperones Needed

BOARD MEETING

Monday, February 11
6:00 p.m.
Preschool Classroom

VALENTINE CELEBRATIONS

Thursday, Feb. 14 and
Friday, Feb. 15
Stay tuned for emails
and class lists

PRESIDENT'S DAY

Monday February 18
**No Preschool
Attendance**



Kid Quotes

Gleb: (to no one in particular while helping bathe Arjen): "I'm doing that baby thing."

Esmé: "When you're angry, the mean monster in your head wins the tug of war with the nice angel."

Toys Meet Snow

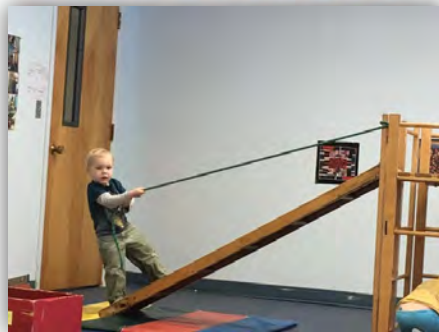
After reading *Toys Meet Snow*, we asked the MWF class what they like to do best when it snows:

- Oliver: "snowball fights"
- Mary: "snow angels"
- Esmé: ice skate (well, I don't really know how)"
- Owen: "everything!"
- Jack: "throw snowballs"
- Gleb: "fortress and ski"
- Otis: "tunnels and forts"
- Ella: "snowmans"
- Taegan: "make a snow castle"
- Audrey: "open presents"
- Calder: "throw snowballs at Eddy"
- Liana: "play"
- Feray: "ice skate"
- Ernie: "snow fortresses and snowmen"
- Elias: "forts and snowballs"
- Mason: "skiing and snow forts"
- Ocean: "camp"
- Nora: "ski and sled"
- Khájaa: "snowmen"
- Evelyn: "catch snowflakes on my tongue"





Fun Photos



Special Project Request

Your teachers are looking for a talented individual willing to sew a mitten large enough for several preschoolers to fit into. It would become a prop for acting out the story of *The Mitten* and for dramatic play. We can supply fabric of some sort. Talk to Mary or Linda if you have the inclination, time and skill to take this on. Gunalchéesh.



**THANK YOU * GUNALCHÉESH * SPASIBO * TESEKKÜR EDERIM *
GRACIAS * KH X KHXBK HUN * TAKK * GRAZIE * MERCI**

Thanks and appreciation this month to:

We've only been back from break for a little over a week but we still have folks to thank:

- ⇒ Ms. Ana (Liana's mom, beloved teacher) for graciously sharing holiday traditions from her culture. Ponche and piñatas were so much fun!
- ⇒ Antonia Elstad (Ocean's mom) and Lily Hope (Mary and Ella's mom) for allowing us to bathe their beautiful babes in our water table.
- ⇒ All the parents who take a little extra time in the morning to interact with a child or help with an activity even when it's not their work day.
- ⇒ We also extend our thanks to the board and families for your financial gifts.
- ⇒ A sincere thank you for the many holiday gifts. From child made treasures, to family made treats, to chocolates and gift certificates, all were received with appreciation.

Juneau Cooperative Preschool

At Northern Lights United Church
400 W 11th Street
Juneau, AK 99801
juneaucooppreschool@gmail.com

Find Us Online!
[http://
juneaupreschool.org](http://juneaupreschool.org)

The Juneau Co-Op Preschool is a non-profit organization run by involved parents and dedicated teachers. Although preschool families pay monthly tuition, 30% of the preschool's budget comes from other sources, primarily fundraising. Fundraising is vital to the success of our school!

Newsletter submissions welcome! Newsletter Editor: Christal Higdon juneaucooppreschool@gmail.com

Community Rewards:

About AmazonSmile

Set up AmazonSmile to give a small percentage of your purchases to Juneau Community Preschool – an easy way to help out the school!

What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support Juneau Community Preschool every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to preschool.

How do I shop at AmazonSmile?

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

NOTE: Smile donations do NOT work from the Amazon App – you must

Supporting: Juneau Community Preschool Inc ▾

go to smile.amazon.com in a web browser to make your final purchase. I use the App to shop and add items to my cart, and then go to the web browser to finish checking out. Create a link on your home screen to make it easier.

Fred Meyer Community Rewards



Support Juneau Community Preschool just by shopping at Fred Meyer with your Rewards Card! All you have to do is link your Rewards Card and scan it every time you shop at Fred Meyer.

1. Go to fredmeyer.com
2. Click the Savings & Rewards drop down Fred Meyer Community Rewards
3. Under Are You A Fred Meyer Customer?

[Re-enroll or link your Rewards Card now](#)

Organization Name: **Juneau Co-op Preschool**

Organization Number: **SD033**

Pick. Click. Give.

Don't forget to include Juneau Community Preschool with your annual **Pick. Click. Give.** donation when you apply for your PFD online.

<https://mypfd.alaska.gov/>

Pick.
Click.
Give.

How to nurture a child's mental health



Actively listen before offering your advice



Be patient



Share your feelings and validate theirs



Tell the truth



Model healthy behavior



Surround them with healthy adults




Be consistent and follow through with what you promise



Teach them how to be safe



Believe them and in them



Use open ended questions



Have scheduled family time



Limit electronic time for everyone



Reach out and hug them



Practice relaxation exercises together



Model forgiveness



Respond calmly when their emotions are elevated



View their behavior as a window to their needs and feelings



Make play and exercise a requirement



Recognize positive choices



Be present



Set and respect boundaries

